

Monday



Pork Sausages (G.SU)

or



(v) Chinese Style Quorn Noodles (E.G.)

Every day choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (E.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

or



Tuna Mayo Sandwich (F.E.G.SB.), Cheese, Crackers and Apple (G.D.), Juice Carton

or



British Roast Chicken Soft Bap (G.) Peach Melba Sponge (G.E), Milkshake (D.)

or



(v) Cheddar Cheese Soft Bap (D.G.) Ice Cream Tub (D.), Juice Carton

or



British Ham Sandwich (SB.G.) Homemade Cherry Cookie (G) Fresh Fruit, Milkshake (D.)

or



(v) Egg Mayonnaise & Cress Soft Bap (G.E.) Chocolate Frosted Sponge (G.E.D.), Fresh Fruit, Milkshake

Week 1 Dessert Menu

Every day we offer:
(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday
(v) Strawberry Swirl Mousse (D.) or (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

Tuesday
(v) Homemade Peach Melba Sponge with Raspberry Drizzle Icing (G.E.)

Wednesday
(vg) Homemade Apple Charlotte (G.SU) with (v) Custard (D.)
baked apple with a crispy, oaty topping
or (v) Ice Cream Tub (D.)

Thursday
(v) Chocolate Mousse with Fruit in Juice (D.) or (vg) Homemade Cherry Cookie (G.)

Friday
(v) Homemade Chocolate Frosted Sponge (G.E.D.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Key

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

Tuesday



BBQ Chicken Fillet Wrap (G.)

or



(v) Chef's Free Range Omelette (D.E.)

Wednesday



Roast Pork or Gammon

or



(vg) Vegetables in a Rich Tomato Sauce with Rice

Thursday



Pasta Bolognese (G.) Optional Cheese (D.)

or



(v) Cheddar Cheese and Potato Pie (D.E.)

Friday



*Crispy Fishcake (F.G.SB.)

or



(v) Rustic Margherita Pizza (D.G.)

